

# Caregiver Report

Date: \_\_\_\_\_ Child's Name: \_\_\_\_\_ Child's Age: \_\_\_\_\_

Person Completing Form: \_\_\_\_\_ Relationship to Child: \_\_\_\_\_

**Note significant and/or new happenings in child's life since last session (positive and/or negative).**

At school: *new teacher, received honor, low grades, behavior problems, fights with friends, friend moved, etc.:*

At home: *parent worked new/long hours, shared toys, completed chores, birthday, pet died, friend moved, etc.:*

Environmental: *change in appetite, change in support system, moved to new home, relative visited:*

Physical Changes: *complaints, illness, lost/gained weight, head/stomachaches, started period, signs of puberty, etc.:*

**Avg # hours sleep** (☐ if incl naps): \_\_\_\_\_ **Typical bedtime:** \_\_\_\_\_ **Typical waking time:** \_\_\_\_\_

**Avg Sleep Quality** (1=low, 10=high): 1    2    3    4    5    6    7    8    9    10

**Avg # daily hours screen time:** School/Academics: \_\_\_\_\_ Work: \_\_\_\_\_ Personal/Social: \_\_\_\_\_

**Medications/Dosages:** New: \_\_\_\_\_/Dosage: \_\_\_\_\_ Discontinued: \_\_\_\_\_

**Assessment of Child** (Caregiver to identify 2 target behaviors/areas of concern):

Child's Overall Behavior, compared to last week:

1    2    3    4    5    6    7    8    9    10  
not as good                      same                      better

Explain: \_\_\_\_\_

Child's behavior of concern:

1    2    3    4    5    6    7    8    9    10  
not as good                      same                      better

Explain: \_\_\_\_\_

Child's behavior of concern:

1    2    3    4    5    6    7    8    9    10  
not as good                      same                      better

Explain: \_\_\_\_\_

Child's mood/attitude, compared to last week:

1    2    3    4    5    6    7    8    9    10  
not as good                      same                      better

Explain: \_\_\_\_\_

My experience caring for child (stressful vs enjoyable):

1    2    3    4    5    6    7    8    9    10  
not as good                      same                      better

Explain: \_\_\_\_\_

I need to talk with you right away – today, if possible – about: \_\_\_\_\_

I need to talk with you before the next session about: \_\_\_\_\_

I would like to schedule a parent session to discuss: \_\_\_\_\_